



June 5, 2008

Dear 2008 Mt. Wilson Trail Race Participant:

We are two days away from race day...I am looking forward to seeing you "get it done"!

Thanks to our many wonderful volunteers, the trail is in great shape, and the weather will be most cooperative.

Here is your last check-off list of things to do:

- PICK UP your bib number and have a carbo-loaded pasta dinner in Kersting Court on Friday night, from 6:00P to 8:00P.
- WEAR a good tread on your race day shoes, as the trail is still a little loose in parts.
- HYDRATE a lot between now and race start time. Weather calls for clear and 79 degrees...could get hot!
- TELL your friends and family to come out and support you...we will have plenty for them to do while you are up on the mountain!
- BRING your kids with you and let them do the Kids' Mile Race after you have left Kersting Court. The kids' race starts at 8:00A; all kids participating get a free t-shirt.
- BRING your money to the beer garden; all proceeds benefit the Santa Anita Fire Fund.
- LISTEN to my pre-race instructions very carefully, as we want this race to be accident-free.
- ENJOY yourself...that's what this is all about!

Let me know if you have any last-minute questions. Good luck from the MWTR Committee, and see you Saturday!

Pete Siberell
Chairman, Mt. Wilson Trail Race