



April 30, 2008

Dear 2008 Mt. Wilson Trail Race Registrant:

Just over three weeks to go until the 100th anniversary of the Mt. Wilson Trail Race...and I cannot wait! As of three weeks ago, the race has been officially SOLD OUT, so you will be taking part in something special. (Think of all the runners reading about the race in the new Trail Runner magazine who won't be able to get in!)

I hope all the many Sierra Madre residents running or walking got through the rather harrowing weekend in good shape. I for one have been very encouraged about not only the incredible efforts of the city staff, firefighters, police and other rescue workers, but also the sense of community and caring we all showed each other. Here's some thoughts on things; I will be sending out a few more emails before race day.

Sierra Madre Fire & Trail Condition

I have received many inquiries about the condition of the trail and whether it will be run as scheduled. We will be assessing the trail in the next couple days and will let you know whether our volunteers can restore it to running condition by May 24. As you can appreciate, it's all about safety, and if we cannot ensure a safe race for hard core runners all the way to our recreational walkers taking part, we won't do it. But it's a durable trail and I am confident we can do what it takes to make it ready. So keep up the training unless or until I tell you to stop!

Get to Run With Us For Your Trail Racing Needs!

A plug for our great sponsors, New Balance and Run With Us....In conjunction with Run With Us of Pasadena, New Balance has supported the Mt. Wilson Trail Race for many years now (thank you, Mike Morey!). If you get to Run With Us (235 N. Lake Avenue, just south of the 210 Freeway) before May 24, Peter Van Gansen will give you a 10% discount on the new line of New Balance shoes (the 873, 874, 908 and 790) and apparel. Please support them!

Friday Night Pasta Dinner

Plan your pre-race dinner at Kersting Court from 6:00P to 8:00P. Café 322 will be serving pasta and salad for \$6.75; proceeds benefit the Sierra Madre Search & Rescue Team. And while you are there, you can pick up your bib number and goodie bag. We have also asked official race starter and trail historian John Robinson to join us for dinner. At 7:00P, he will give us a brief history of the Mt. Wilson Trail so we have something to think about (other than pain) on our way up the mountain!

Couples and Family Awards

This year, we have added a couple new awards to recognize all the spouses and families taking part in the race. There will be gift certificates to local restaurants to those indicating they are entering as "couples" or "family."

Here's who we have entered:

<u>Couples</u>	<u>Couples</u>	<u>Family</u>	<u>Family</u>
Adams	Jolly	Blackman/Stout-Blackman	Rankin
Austin	Liston	Howard	Stiver
Beatty	Penalora	Jakoboski	Ward
Ford/Hulet	Sequeira	Letourneau	
Horn	Siberell	Miquelon	
Hunt	Turner	Patterson	

If you want to be entered in this competition and your name is not on the lists, I need to know NOW. Email me back

What's Your Story?

I want to be able to give our “unbelievable” announcer, Lisa Spigai Perez, as much information about our MWTR participants as possible. Please email me with any neat stories you have about why you run, how long you have run, what has happened to you during the race, family members you run with, how long you and your parents/grandparents have run, etc. It will be welcome information to all the spectators who will be in Kersting Court on race day.

Looking forward to seeing your bright and shiny faces on race day! Email or call me if you have any MWTR-related questions or comments.

Pete Siberell
Chair, Mt. Wilson Trail Race Committee